

<b>GO Play Itinerary</b>															
<i>Subject to change</i>															
Monday		Check-in FS	Tuesday		Check-in FS	Wednesday		Check-in FS	Thursday		Check-In FS	Friday		Check-in FS	
Pro Day	9:00 AM	Introduction/expectations	Football	9:00 AM	Introduction	Baseball	9:00 AM	Warm-up	Soccer	9:00 AM	Introduction/warm-up		9:00 AM	Warm-up	FS
F1	9:15 AM	warm up	FS	9:10 AM	warm-up	FS	9:15 AM	Throwing/Catching	FS	9:15 AM	dribbling		9:10 AM	Football	FS
	9:30 AM	Agility Training		9:20 AM	Offense		9:45 AM	Fielding		9:45 AM	passing		9:40 AM	Snack	FS
	9:45 AM	Vertical		9:50 AM	Defense/Agilities		10:15 AM	Hitting		10:00 AM	shooting		9:50 AM	Lacrosse	FS
	10:00 AM	20, 40		10:00 AM	Snack		10:30 AM	Snack		10:30 AM	Snack		10:20 AM	Baseball	FS
	10:20 AM	shuttle/cone drill		10:15 AM	Plays		11:00 AM	Base Running		10:45 AM	defense		10:50 AM	Basketball	PP
	10:40 AM	Jersey Presentations/Snack		10:30 AM	Razzle Dazzle		11:30 AM	Wiffle Ball		11:15 AM	Game		11:10 AM	Cookout PP	PP
	11:00 AM	Chiller		11:00 AM	Lunch		12:00 PM	Lunch FS		12:00 PM	Lunch FS		11:40 AM	Volleyball	PP
	1:00 PM	Lunch	Golf	12:00 PM	Introduction	Basketball	1:00 PM	dribbling	Lacrosse	1:00 PM	Introduction/warm-up		12:10 PM	Batting Cages	PP
Turf Hockey	2:00 PM	rules/safety	GC	12:45 PM	Driving	FS	1:15 PM	passing	FS	1:15 PM	Positions		12:40 AM	Mini Golf	PP
	2:15 PM	stick skills		1:15 PM	Pitching		1:45 PM	shooting		1:30 PM	Rules		1:30 PM	Powerplay time	PP
	2:30 PM	passing/shooting		1:45 PM	Putting/chipping		2:15 PM	snack		1:45 PM	Stick Skills		3:15 PM	Relays/Inflatables	FS
	2:45 PM	defense		2:15 PM	Snack		2:30 PM	Defense		2:15 PM	passing/shooting		3:45 PM	Certificate Awards	FS
	3:00 PM	Snack		2:30 PM	Par 3 course		3:00 PM	hot shot		2:30 PM	Snack		4:00 PM	Checkout FS	
	3:15 PM	Game/Scrimmage		4:00 PM	Check-out FS		3:30 PM	3v3		2:45 PM	defense				
	4:00 PM	Check-out FS					4:00 PM	Check-out FS		3:30 PM	Game				
										4:00 PM	Check-out FS				